

Saltaire Primary School

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Dear Parents and Carers,

Following outbreaks of head lice in school it is recommended that all families take the following steps:-

- 1. Check all family's heads every now and then with a special plastic detection comb available at the Chemist's shop ('nit comb').
- 2. If living, moving head lice are found in your family tell all your relatives and close friends so that they can check their own heads.
- 3. If infestation is found it is recommended that initially the 'wet combing' method is used. After normal hair washing ensure that the hair is well conditioned using a thick conditioner. Split the hair into manageable sections. Systematically comb the hair with the detection comb/fine toothed comb ('nit comb'). Keep the comb free of lice. Check the scalp for live eggs and remove if possible. Rinse the hair and dry in the usual way. Repeat this every 2-3 days for 14 days. It may take up to 3 weeks to clear the infestation by this method.
- 4. If using chemical treatments we would like to remind parents and carers to always read and follow the instructions carefully when using chemical insecticide products, typically sold in chemists, to treat head lice. This is because these treatments contain flammable elements. You should not therefore use hair dryers, or any other ignition source such as matches, lighters and candles near anyone during the treatment process whilst the product is being used.

Yours sincerely

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Mr R Whitehead Headteacher















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