



Talk at Home



Enjoy

Achieve

Thrive

## Word of the Week:

# Routine

The things you do in the same order, regularly, like in the morning or at bedtime.

*What does your morning routine look like?*



Physical



Linguistic



Cognitive



Social & Emotional



***The best way to find your voice is to use it***

## This week's 'Talk at Home' topic

750 schools in England have been chosen to trial free daily breakfast clubs, to see whether they could work for all schools. The schools involved are encouraged to offer a varied healthy breakfast along with other activities.

**What's happening in the news this week?**



**Why is a morning routine important?**

Table Talk

My morning routine would be better if...

I think that...

I believe that...

In my opinion...

Some people may argue that..., however...

On the one hand...but...

I am convinced that...