

Word of the Week:

Resolution

A firm decision to do or not to do something. My new year's resolution is...

Try it in a sentence. Use it when explaining something.



This week's 'Talk at Home' topics

A New Year's resolution is a promise to do something differently in the next year.

Some of you might be giving something up or maybe you're taking up a new sport.

Perhaps you want to read more books or do more to help the environment.

Or are you're still deciding whether to make one or not?

